

DIABETES FACTS

Direct & Indirect Costs of Diabetes in the United States

- The total annual economic cost of diabetes in 2002 was estimated to be \$132 billion. Direct medical expenditures totaled \$92 billion and comprised \$23.2 billion for diabetes care, \$24.6 billion for chronic diabetes-related complications, and \$44.1 billion for excess prevalence of general medical conditions. Indirect costs resulting from lost workdays, restricted activity days, permanent disability and mortality due to diabetes totaled \$40.8 billion.
- The per capita annual costs of health care for people with diabetes rose from \$10,071 in 1997 to \$13,243 in 2002, an increase of more than 30 percent. In contrast, health care costs for people without diabetes amounted to \$2,560 in 2002.
- One out of every 10 health care dollars is spent on diabetes and its complications.

Direct Costs of Diabetes

- Estimated at \$92 billion in 2002, compared to \$44 billion in 1997.
- Diabetes alone represents 11 percent of the U.S. health care expenditure. People with diabetes have medical expenditures 2.4 times higher than they would if they did not have diabetes.
- \$40.3 billion was spent for inpatient hospital care and \$13.8 billion for nursing home care for people with diabetes.
- Diabetes-related hospitalizations totaled 16.9 million days in 2002. Rates of outpatient care were highest for physician office visits, which included 62.6 million visits to treat persons with diabetes.
- Cardiovascular disease is the most costly complication of diabetes, accounting for more than \$17.6 billion of the \$91.8 billion annual direct medical costs for diabetes in 2002.

Indirect Costs of Diabetes

- Estimated to be \$40 billion in 2002.
- In 2002, diabetes accounted for a loss of nearly 88 million disability days.
- 176,000 cases of permanent disability were caused by diabetes, at a cost of \$7.5 billion.

For more information in English or Spanish, contact the American Diabetes Association at 1-800-DIABETES (1-800-342-2383), or visit our Web site at diabetes.org